

HOT LUNCH MENU OCTOBER 2026

This institution is an equal opportunity provider

Monday September 28th Scrambled Eggs K-8 (1oz) WG Pancakes K-8 (2 each) Breakfast Potatoes (½ cup) Peaches (½ cup) Milk (8oz= 1 cup) Ketchup 1 oz Syrup K-8 (1oz)	Tuesday September 29th Chicken Curry K-8 (2oz) Brown Rice (1 cup= 2oz eq) Carrots K-8 (¼ cup) Broccoli (1/2 Cup) Pears ½ Cup Milk (8oz= 1 cup) Ranch K-8 (1oz)	Wednesday September 30th Mac & Cheese (6oz) Broccoli (½ cup) Cauliflower K-8 (¼ cup) Peaches (1/2 cup) Milk (8oz= 1 cup)	Thursday October 1st Sloppy Joe K-8 (2 oz) WG Bun (1each= 2oz eq) Chickpeas (1/2 cup) Celery (¼ cup) Pears (½ cup) Milk (8oz= 1 cup) Ranch 1 oz	Friday October 2nd Cheese Pizza K-8 (1 each) Garden Salad (1 ½ Cup) Ranch K-8 (1oz) Apple 1 each Milk (8oz= 1 cup)
Monday October 5th All Beef Hotdog (1 each= 2oz eq) WG Bun (1 each= 2oz eq) French Fries (½ cup) Baked Beans (¼ cup) Peaches (½ cup) Milk (8oz= 1 cup) Ketchup K-8 (1oz)	Tuesday October 6th Chicken Drumsticks 2 each Brown Rice (6 oz) Cherry Tomatoes K-8 ½ Cup Celery K-8 (¼ cup) Ranch K-8 (1oz) Pears ½ Cup Milk (8oz= 1 cup)	Wednesday October 7th Hamburger (1 each) WG Bun (1 each= 2oz eq) Sliced Cheese (1 each) Sweet Potato Fries (½ cup) Sliced Tomato (1/4 Cup) Ketchup K-8 (1oz) Peaches (½ cup) Milk (8oz= 1 cup)	Thursday October 8th Chicken Alfredo (2 oz) WG Penne Pasta (4 oz) Corn K-8 (¼ cup) Carrots K-8 (¼ cup) Milk (8oz= 1 cup) Pears (½ cup) Ranch K-8 (1oz)	Friday October 9th Cheese Pizza K-8 (1 each) Garden Salad (1 ½ Cup) Ranch K-8 (1oz) Apple (1 each) Milk (8oz= 1 cup)
Monday October 12th WG Shell Pasta (4 oz) Meat Sauce (2 oz) Mozz Cheese K-8 1 oz Sugar Snap Peas (½ cup) Celery K-8 (¼ cup) Peaches (½ cup) Milk (8oz= 1 cup) Ranch (1 oz)	Tuesday October 13th Orange Chicken K-8 (2oz) Brown Rice (6 oz) Carrots K-8 (½ cup) Green Peas K-8 (¼ cup) Pears ½ cup Ranch K-8 (1oz) Milk (8oz= 1 cup)	Wednesday October 14th NO SCHOOL	Thursday October 15th NO SCHOOL	Friday October 16th NO SCHOOL
Monday October 19th Hamburger (1 each) WG Bun (1 each= 2oz eq) Sliced Cheese (1 each) Cube Potatoes (½ cup) Tomato Slices (1/4 Cup) Ketchup K-8 (1oz) Peaches (½ cup) Milk (8oz= 1 cup)	Tuesday October 20th Chicken Drumsticks 2 each Brown Rice (6 oz) Green Peas K-8 ½ Cup Carrots K-8 (¼ cup) Ranch K-8 (1oz) Pears ½ Cup Milk (8oz= 1 cup)	Wednesday October 21st Meatballs K-8 3 each WG Penne Pasta 4 oz Mozz Cheese 1 oz Broccoli (½ cup) Cauliflower K-8 (¼ cup) Peaches (½ cup) Milk (8oz= 1 cup)	Thursday October 22nd Chicken Patty (1 each) WG Bun (1 each= 2oz eq) Sliced Cheese (1 each) Sweet Potato Fries (½ cup) Carrots K-8 (½ cup) Pears (½ cup) Milk (8oz= 1 cup) Ranch K-8 (1oz) Ketchup (1 oz)	Friday October 23rd Cheese Pizza K-8 (1 each) Garden Salad (1 1/2 cup) Ranch K-8 (1oz) Apple 1 Each Milk (8oz= 1 cup)
Monday October 26th Mac & Cheese (6oz) Broccoli (½ cup) Cauliflower K-8 (¼ cup) Peaches (1/2 cup) Milk (8oz= 1 cup)	Tuesday October 27th Scrambled Eggs K-8 (1oz) WG Pancakes K-8 (2 each) Breakfast Potatoes (½ cup) Pears ½ Cup Milk (8oz= 1 cup) Ketchup 1 oz Syrup K-8 (1oz) C	Wednesday October 28th Chicken Curry K-8 (2oz) Brown Rice (6 oz) Carrots K-8 (¼ cup) Corn (1/2 Cup) Peaches (½ cup) Milk (8oz= 1 cup) Ranch K-8 (1oz)	Thursday October 29th Sloppy Joe K-8 (2 oz) WG Bun (1each= 2oz eq) Chickpeas (1/2 cup) Celery (¼ cup) Pears (½ cup) Milk (8oz= 1 cup) Ranch 1 oz	Friday October 30th NO SCHOOL

****Note: Items listed below are offered daily and Menu is subject to change due to product availability.**

1% Milk, Chocolate Skim Milk

All Grains are Whole Grain

100% Fruit Juice offered at lunch for HS only.

Breakfast Menu October 2026

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Monday September 28th	Tuesday September 29th	Wednesday September 30th	Thursday October 1st	Friday October 2nd
Cereal (1 each) Pear (1 each) Milk (8oz = 1 Cup) Juice (4oz = ½ Cup) Scooby Snacks 1 each	Yogurt Milk (8oz=1 cup) Juice (4oz=1/2 cup) Raisins1 each Goldfish (2 each)	Banana Choc Chip Loaf (1 each) Milk (8 oz = 1 Cup) Juice (4 oz = ½ cup) Red Apple 1 each	Muffin (1 each) Milk 8 oz = 1 Cup Juice 4 oz = ½ Cup Pear 1 Each	French Toast Bread (1 each) Milk (8oz = 1 Cup) Juice (4oz = ½ Cup) Red Apple
Monday October 5th	Tuesday October 6th	Wednesday October 7th	Thursday October 8th	Friday October 9th
Cereal (1 each) Pear (1 each) Milk (8oz = 1 Cup) Juice (4oz = ½ Cup) Scooby Snacks 1 each	Muffin (1 each) Raisins (1 each) Milk (8oz=1Cup) Juice (4 oz = ½ Cup)	Cinnamon Round (1 each) Milk 8 oz = 1 Cup Juice 4 oz = ½ Cup Red Apple 1 each	Breakfast Cookie (1 each) Milk (8oz = 1 Cup) Juice (4 oz = ½ Cup) Pear 1 each	Mini Cinni (1 each) Milk (8 oz = 1 Cup) Juice (4 oz = ½ Cup) Red Apple 1 each
Monday October 12th	Tuesday October 13th	Wednesday October 14th	Thursday October 15th	Friday October 16th
Cereal (1 each) Pear (1 each) Milk (8oz = 1 Cup) Juice (4oz = ½ Cup) Scooby Snacks 1 each	Yogurt Milk (8oz=1 cup) Juice (4oz=1/2 cup) Raisins1 each Goldfish (2 each)	NO SCHOOL	NO SCHOOL	NO SCHOOL
Monday October 19th	Tuesday October 20th	Wednesday October 21st	Thursday October 22nd	Friday October 23rd
Cereal (1 each) Pear (1 each) Milk (8oz = 1 Cup) Juice (4oz = ½ Cup) Scooby Snacks 1 each	Muffin (1 each) Raisins (1 each) Milk (8oz=1Cup) Juice (4 oz = ½ Cup)	Cinnamon Round (1 each) Milk 8 oz = 1 Cup Juice 4 oz = ½ Cup Red Apple 1 each	Breakfast Cookie (1 each) Milk (8oz = 1 Cup) Juice (4 oz = ½ Cup) Pear 1 each	Mini Cinni (1 each) Milk (8 z = 1 Cup) Juice (4 oz = ½ Cup) Red Apple 1 each
Monday October 26th	Tuesday October 27th	Wednesday October 28th	Thursday October 29th	Friday October 30th
Cereal (1 each) Pear (1 each) Milk (8oz = 1 Cup) Juice (4oz = ½ Cup) Scooby Snacks 1 each	Yogurt Milk (8oz=1 cup) Juice (4oz=1/2 cup) Raisins1 each Goldfish (2 each)	Banana Choc Chip Loaf (1 each) Milk (8 oz = 1 Cup) Juice (4 oz = ½ cup) Red Apple 1 each	Muffin (1 each) Milk 8 oz = 1 Cup Juice 4 oz = ½ Cup Pear 1 Each	NO SCHOOL

Note – 1% and Skim Milk and 100% Fruit Juice offered daily. Menu subject to change due to product availability.