



Charter School Of Russian Language and Culture

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Safe Return to In-Person Learning Plan 22-23

(Rev. 8/15/2022)

IN-PERSON LEARNING FORMAT

- All students will return to in-person learning five days a week.
- Students that require personal quarantine/leave due to COVID 19 or other health-related reasons will have access to appropriate educational materials (both printed and online) to complete their assignments in asynchronous way.

HEALTH AND WELLNESS PROTOCOLS

Nasha Shkola (NS) is committed to providing a safe and healthy workplace for all our staff, students, families, and guests and visitors. To ensure we have a safe and healthy workplace, NSHS has developed the following COVID-19 Health Protocol in response to the COVID-19 pandemic. Administration and staff are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our workplaces and communities, and that requires full cooperation among our staff and administration. Only through this cooperative effort can we establish and maintain the safety and health of all persons in our school.

NS COVID-19 Health Protocol follows the guidance developed by the state of Minnesota, which is based upon Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines for COVID-19, and Minnesota's relevant and current executive orders. It addresses:

- Staying home when sick and getting tested
- Handwashing and respiratory etiquette
- Ventilation
- Cleaning and disinfection
- Promoting vaccination

HEALTH PROTOCOLS: MONITORING AND EXCLUDING FOR ILLNESS

Staff

Daily self-check/self-monitor for signs and symptoms of COVID-19 prior to entering the school building and during the work day

Self-report to the school if they have symptoms of COVID-19, OR a positive test

Visitors

Controlled entry minimizing visitor access

Self-check for signs and symptoms prior to entering the school building

[Visitor and Employee Health Screening Checklist](#)

Have you experienced any of these symptoms, not associated with previously diagnosed conditions, in the past 72 hours:

- Fever greater than 100.4F/chills for students under age 12
- Fever 100F or higher for students and staff 12 year and older.
- Cough/shortness of breath/difficulty breathing (wheezing, shallow or paris breaths, chest tightness)
- Other new onset of symptoms including chills, muscle pain, fatigue, sore throat, headache, runny nose, loss of sense of taste or smell or gastrointestinal symptoms of diarrhea, vomiting or nausea.

Students

- Students shall be self-screened at home with parents to ensure absence of symptoms.
- If a student or staff exhibits symptoms of COVID-19, they must stay home.
- Parents will self-report to the school if they or their children have symptoms of COVID-19 OR a positive test
- Staff will evaluate students throughout the day for signs of illness, which could include flushed cheeks, rapid breathing, or difficulty breathing (without recent physical activity), or fatigue. Staff will confirm that the child is not experiencing coughing or shortness of breath

Action steps to care for students with COVID-19/respiratory symptoms who arrive at school:

- Remove from classroom setting
- Complete health check with temperature screening. Fever is defined as 100.4°F or greater.
- Contact parent for immediate pick-up.
- Provide guidance for follow-up with a medical provider.

HEALTH PROTOCOLS: RESPONDING TO CONFIRMED CASES OF COVID-19

Handling confirmed positive cases of COVID-19

- Staff and students who test positive for COVID must isolate for 5 days at home and 5 days in school in a mask, OR isolate at home until the improvement of respiratory symptoms.

Contact tracing and other steps:

- Upon notification of a of lab-confirmed COVID positive case, a parent or employee will notify the school administration immediately
- Administration will NOT conduct contact tracing
- NSCS will NOT require a quarantine period for those identified as a close contact of a COVID positive case.
- Administration will notify staff and parents
- Custodian will implement school-wide cleaning and disinfecting procedures
- School will offer assess to learning materials for students who cannot be physically in the classroom due to illness.

SCREENING TESTING

Screening testing and vaccination are recommended by the state and by NSCS in the situations when students or staff show COVID symptoms. Symptomatic children may be sent home with a COVID rapid test to make testing accessible and easy for families. Staff and students who test positive must stay home while symptoms persist.

HEALTH PROTOCOLS: HYGIENE PRACTICE & RESPIRATORY ETIQUETTE

- NS will provide appropriate supplies in our schools and buildings to support healthy hygiene behaviors (such as soap, hand sanitizer, paper towels, disinfectant wipes, tissues)

Handwashing: Staff and students should wash their hands for at least 20 seconds with soap and water frequently throughout the day, but especially

- Upon arrival to school
- Before and after eating (for staff, before and after serving the food)
- After using the toilet
- After coughing, sneezing, or blowing nose
- After playing outside
- After touching objects with bare hands that have been handled by other people
- Whenever hands look, feel or smell unclean.
- Before going home.

Hand-sanitizer dispensers (that use sanitizers of greater than 60% alcohol) will be at entrances, classrooms, and other locations in the school building so they can be used for hand hygiene in place of soap and water, as long as hands are not visibly soiled. Staff will supervise the use of hand sanitizer by students.

Respiratory etiquette

- Staff, students and visitors **should cover** their mouth and nose with their sleeve or a tissue when coughing or sneezing, and to avoid touching their face, particularly their mouth, nose and eyes, with their hands.
- Staff, students and visitors will be expected to dispose of tissues in provided trash receptacles and wash or sanitize their hands immediately afterward.

HEALTH PROTOCOLS: FACE COVERINGS

- Face coverings/masks are not required for either students, staff, or visitors
- Face coverings/masks are **required** for staff and students for 5-day period after COVID-related isolation
- on student transportation. This is a federal requirement and not a rule under the authority of the school.
- Students and staff will be provided (upon request) with reusable masks and shields.

MDH Guidance:

- [MDH Recommendations for Wearing Masks](#)

CDC Guidance:

- [Use of Cloth Face Coverings to Help Slow the Spread of COVID-19](#)

HEALTH PROTOCOLS: CLEANING AND MATERIALS HANDLING

- Custodian will apply the full standard cleaning of all areas to be ready for the next day.
- Increased cleaning of frequently touched surfaces and items will be implemented mid-day, after school, or as needed by custodian and staff.
- Staff will ensure that students avoid sharing electronic devices, books, toys, and other games or learning aids when possible, and ensure cleaning between uses.
- Students will keep personal items in individually labeled cubbies, containers, desks, or lockers. Students are not allowed to share personal items.
- Hand sanitizing and hand-washing stations will be set at each classroom, school office, entrance and common areas.
- Sanitation wipes and sanitation liquid will be provided in every classroom with processes to wipe down desks surfaces throughout the school day as needed

Shared Responsibilities: Teachers and students must work together with custodial staff to promote a clean and healthy environment for everyone within school building. Each classroom will have additional sanitation stations that will include gloves and disinfectant wipes. NSCS staff is responsible for cleaning and disinfecting high-touch areas, including phones, computer keyboards, door handles, copy machines, etc. conducted throughout the school day on as-needed basis. Computers, phones and printers need to be disinfected by a wipe as spraying electrical equipment is not recommended.

HEALTH PROTOCOLS: WATER & VENTILATION SYSTEMS

NSCH will follow the following protocols pertaining to water and ventilation systems.

Water:

- installation of bottle-filling stations and drinking fountains
- Encourage staff and students to bring their own water bottles and refill them at school as needed.

Ventilation:

- CDC Guidance for [Ventilation in Schools and Childcare Programs](#)
- Open windows to increase outdoor airflow
- Use child-safe fans to increase the effectiveness of open windows
- Use portable HEPA air cleaners in the classrooms and cafeteria

ACADEMICS

Workplan for Students in Isolation

- Families must contact the teachers and/or the school to request materials.
- Two school days maximum are needed for staff to gather all materials and create assignments for students in quarantine.
- If families need a device, please contact the office.