

Nasha Skhola Lunch Menu March 2024

*All menu items are subject to change.

This institution is an equal opportunity provider

San	dv	vich	Or	otion

Monday - Turkey + Cheddar on a W.G. Bun

Tuesday - Turkey Ham+ Swiss on a W.G. Bun

Wednesday - Turkey Cold Cut Sub on a W.G. Bun

Thursday - Turkey Ham + Cheddar on a W.G. Bun

Friday - Turkey + Swiss on a W.G. Bun

*All sandwiches served With fruit & vegetable of the day.

Salad Options

Monday - Chef Salad

Tuesday - Beef Taco Salad

Wednesday - Southwest Chicken Salad

Thursday - Chicken Caesar Salad

Friday - Beef Taco Salad

* All salads served with breadstick and fruit of the day.

al	MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
						Sweet and Sour Chicken Brown Rice Sliced Zucchini Fresh Orange W.G. Garlic Bread Stick Milk
						Veg - vegetable rice soup
B: R: S:	oppy Joe on a W.G. Bun aby Carrots ed Apple un Chips ilk	4	Sliced Chicken Alfredo with W.G. Penne Pasta Mixed Green Salad with French Dressing Sliced Peaches W.G. Garlic Bread Stick Milk	Swedish Meatballs 6 Mashed Potatoes Carrot + Celery Banana Slice of W.G. Bread Milk	Chicken Wild Rice Hot Dish 7 Fresh Broccoli Sliced Pears W.G. Garlic Bread Stick Milk	W.G. Soft Beef Taco x2 Lettuce + Cheese Seasoned Black Beans Fresh Orange Tortilla Chips + Salsa Milk
	eg - vegetable patty on a w.g. bun		Veg - pasta marinara	Veg - brown rice + beans	Veg - vegetable rice soup	Veg - bean taco
B P N	BQ Chicken on a W.G. Bun aby Carrots ineapple Chunks acho Cheese Doritos ilk	11	Meatloaf Baked in a Tomato Beef Gravy Mashed Potatoes Fresh Broccoli Banana Slice of W.G. Bread Milk	W.G. Lasagna Roll with Meat Sauce and Cheese Mixed Green Salad with Creamy Italian Dressing Sliced Peaches W.G. Garlic Bread Stick Milk	Chicken Breast on a 14 W.G. Bun Slice of White Cheese Baked Beans Sliced Cucumbers Red Apple Milk	Teriyaki Chicken with Peppers and Onions Brown Rice Carrot + Celery Sliced Pears W.G. Garlic Bread Stick Milk
V	eg - cheese sandwich		Veg - brown rice + beans	Veg - pasta marinara	Veg - bbq beans on a w.g. bun	Veg - brown rice with cheese
B R S	V.G. Chicken Patty on a W.G. Bun aby Carrots ed Apple un Chips ilk	18	W.G. Cheese Pizza 19 Mixed Green Salad with Creamy Italian Dressing Sliced Pears W.G. Garlic Bread Stick Milk	Sliced Chicken in a 20 Chicken Gravy Mashed Potatoes Fresh Broccoli Banana Slice of W.G. Bread Milk	Italian Meatballs with Shredded Cheese W.G. Coney Bun Creamy Pasta Salad Fresh Cucumbers Sliced Peaches Milk	Cheese Burger on a W.G. Bun Cowboy Beans Carrot + Celery Fresh Orange Milk
V	eg - veg patty on a w.g. bun		Veg - pasta marinara	Veg - brown rice + beans	Veg - italian beans on w.g. bread	Veg - vegetable rice soup
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