

# HOT LUNCH MENU OCTOBER 2024

This institution is an equal opportunity provider

+	Monday September 30 <sup>th</sup>	Tuesday October 1 <sup>st</sup>	Wednesday October 2 <sup>nd</sup>	Thursday October 3 <sup>rd</sup>	Friday October 4 <sup>th</sup>
	All Beef Hotdog 1 each WG Bun 1 each Cube Potatoes ½ Cup Baked Beans ½ Cup Mandarin Oranges ½ Cup Milk 1 each Juice (HS Only)	Chicken Drumstick (2 each) Rice K-8 ½ Cup Carrots (k-8 ¼ cup) Peas ( ½ Cup) Applesauce (1/2 Cup) Milk (1 Each) Ranch K-8 1 Oz	Taco Meat (k-8 1 oz) Shredded Cheese yellow (1 oz) WG Tortilla ( k-8 1 each) Lettuce/Tomatoes (k-8 ¼ Cup) HS ½ Pinto/Kidney (1/2 Cup) Mandarin Oranges (1/2 Cup) Milk 1 each Salsa (k-8 1 oz)	Chicken Alfredo ( K-8 2 oz) Penne Pasta K-8 4 oz Corn k-8 ¼ cup Baby Carrots K-8 ¼ Cup Milk 1 each Peaches (1/2 Cup) Ranch K-8 1 oz	Cheese Pizza (k-8 1 each) Garden Salad (1 1/2 Cup) Ranch (1 oz) Apple (1 each) Milk (1 Each)
	Monday October 7 <sup>th</sup>	Tuesday October 8 <sup>th</sup>	Wednesday October 9 <sup>th</sup>	Thursday October 10 <sup>th</sup>	Friday October 11 <sup>th</sup>
	Shell Pasta K-8 4 oz Meat Sauce 2/3 Cup Broccoli ½ Cup Cauliflower K-8 ¼ Cup Mandarin Oranges (1/2 Cup) Milk ( 1 each 8 oz)	Orange Chicken (K-8 2 oz) Rice (k-8 ½ Cup) Carrots k-8 ¼ Cup Peas ½ Cup Applesauce (1/2 Cup) Ranch K-8 1 oz Milk (1 each 8 oz)	Scrambled Eggs ( k-8 1 oz) Pancakes ( k-8 2 each) Breakfast Potatoes ( ½ Cup) Syrup ( k-8 1 oz ) Mandarin Oranges 1/2 Cup) Baby Carrots (k-8 ¼ cup) Milk (1 Each) Ranch K-8 1 oz	Meatballs (2 each) Penne Pasta (k-8 4 oz) Broccoli ½ Cup Cauliflower ( ½ Cup) Peaches (1/2 Cup) Milk ( 1 each 8 oz)	Cheese Pizza (k-8 1 each) Garden Salad (1 1/2 Cup) Broccoli ½ Cup Ranch (1 oz) ( 2 oz) Apple (1 each) Peaches (1/2 Cup) Milk (1 Each) Jui
	Monday October 14 <sup>th</sup>	Tuesday October 15 <sup>th</sup>	Wednesday October 16 <sup>th</sup>	Thursday October 17 <sup>th</sup>	Friday October 18 <sup>th</sup>
	Hamburger (1 each) WG Bun ( 1 each) Sliced Cheese (1 each) Cube Potatoes (1/2 Cup) Carrots ½ Cup Ranch 1 oz K-8 Mandarin Oranges ½ Cup Milk (1 Each)	Chicken Curry (k-8 2 oz) Brown Rice (k-8 ½ Cup) Chick peas ( ½ Cup) Applesauce(1/2 Cup) Milk (1 Each)	Meatballs (2 each) Penne Pasta (k-8 4 oz) Broccoli ½ Cup Cauliflower ( ½ Cup) Mandarin Oranges (1/2 Cup) Milk ( 1 each 8 oz)	BBQ Chicken Leg 1 Each Rice K-8 ½ Cup Carrots ½ Cup Celery K-8 ¼ Cup Peaches (1/2 Cup) Milk (1 each 8 oz) Ranch K-8 1 oz	Cheese Pizza (k-8 1 each) Garden Salad (1 1/2 Cup) Ranch (1 oz) Apple (1 each) Milk (1 Each)
	Monday October 21 <sup>st</sup>	Tuesday October 22 <sup>nd</sup>	Wednesday October 23 <sup>rd</sup>	Thursday October 24 <sup>th</sup>	Friday October 25 <sup>th</sup>
	Chicken Patty (1 each) WG Bun (1 each) Sliced Cheese (1 each) Chick Peas ½ Cup Cauliflower k-8 1/4 cup Ranch (k-8 1 oz) Mandarin Oranges (1/2 Cup) Milk (1 each 8 oz)	Mac & Cheese (6 oz) Broccoli (1/2 Cup) Carrots (k-8 ¼ cup) Applesauce (1 each) Milk (1 each 8 oz)  Ranch K-8 1 oz	Chicken Philly Cheesesteak (2 oz) Hoagie Bun ( 1 each) Shredded Cheese White ( 1 oz) Cube Potatoes (1/2 Cup) Fajita Veggies ( k-8 ¼ cup) Corn (k-8 ¼ cup) Mandarin Oranges ½ Cup Milk (1 Each)	Scrambled Eggs ( k-8 1 oz) Pancakes ( k-8 2 each) Breakfast Potatoes ( ½ Cup) Syrup ( k-8 1 oz ) Mandarin Oranges 1/2 Cup) Baby Carrots (k-8 ¼ cup) Milk (1 Each) Ranch K-8 1 oz	Cheese Pizza (k-8 1 each) Garden Salad (1 1/2 Cup) Ranch (1 oz) Apple (1 each) Milk (1 Each)
	Monday October 28 <sup>th</sup>	Tuesday October 29 <sup>th</sup>	Wednesday October 30 <sup>th</sup>	Thursday October 31 <sup>st</sup>	Friday November 1 <sup>st</sup>
	All Beef Hotdog 1 each WG Bun 1 each Cube Potatoes ½ Cup Baked Beans ½ Cup Mandarin Oranges ½ Cup Milk 1 each	Chicken Drumstick (1 each) Rice K-8 ½ Cup HS Carrots (k-8 ¼ cup) Peas ( ½ Cup) Applesauce (1/2 Cup) Milk (1 Each) Ranch K-8 1 Oz	Meatballs (2 each) Pasta (k-8 4 oz) Broccoli ½ Cup Cauliflower ( ½ Cup) Mandarin Oranges (1/2 Cup) Milk ( 1 each 8 oz)	Chicken Alfredo ( K-8 2 oz ) Penne Pasta K-8 4 oz Corn k-8 ¼ cup Baby Carrots K-8 ¼ Cup Milk 1 each Peaches (1/2 Cup) Ranch K-8 1 oz	Cheese Pizza (k-8 1 each) Garden Salad (1 1/2 Cup) Ranch (1 oz) ( 2 oz) Apple (1 each) Milk (1 Each)

Menu subject to change without notice. 1% and Chocolate Skim Milk offered at all meals. Juice offered at breakfast for all. Juice offered at lunch for HS only.