



Nasha Skhola Lunch Menu

March 2019

*All menu items are subject to change.

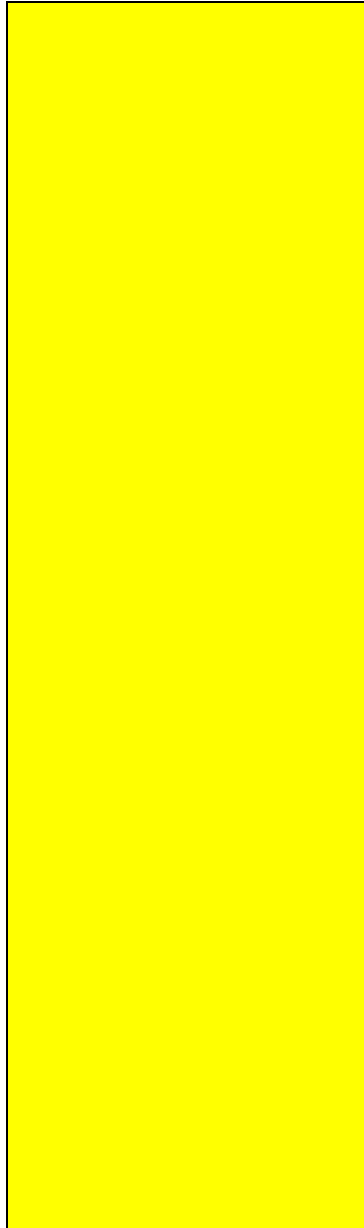
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



				Chicken Rice Soup with Vegetables Fresh Sliced Cucumbers Fresh Orange W.G. Dinner Roll Milk Veg - vegetable rice soup	1				
Sloppy Joe on a W.G. Bun Carrot and Celery Sticks Pineapple Tidbits Sun Chips Milk	4	Chicken Nuggets Seasoned Hash Browns Fresh Broccoli Banana Milk Veg - brown rice + beans	5	Penne Pasta in a Meat Sauce Mixed Green Salad with Creamy Italian Dressing Sliced Pears W.G. Bread Stick Milk Veg - pasta in marinara	6	Cheese Burger on a W.G. Bun Baked Beans Baby Carrots Red Apple Milk Veg - bbq beans on a wg bun	7		8
Baked Chicken Tenders Baby Carrots Red Apple Sun Chips Milk Veg - cheese sandwich	11	Cheese Bread Marinara Sauce Mixed Salad with Creamy Italian Dressing Salad Topping Sliced Pears Milk Veg - pasta in marinara	12	Baked Chicken Breast in a Chicken Gravy Potato Pierogi x2 Grape Tomatoes Orange Slice of W.G. Bread Milk Veg - brown rice + beans	13	Soft Beef Taco x2 Lettuce and Cheese Seasoned Black Beans Sliced Cucumbers Orange Tortilla Chips with Salsa Milk Veg - bean taco	14	Chicken and Pasta in a Cheese Sauce Fresh Broccoli Banana Pineapple Tidbits W.G. Dinner Roll Milk Veg - pasta in marinara	15
Baked Chicken Patty on a W.G. Bun Seasoned Brown Rice Carrot and Celery Sticks Red Apple Milk Veg - cheese sandwich	18	Sliced Chicken Alfredo with Penne Pasta Mixed Green Salad with French Dressing Salad Topping Sliced Peaches W.G. Bread Stick Milk Veg - pasta in marinara	19	Baked Chicken Mashed Potatoes Sliced Beets Banana Slice of W.G. Bread Milk Veg - rice + beans	20	White Chicken Chili with Beans Shredded Cheese Fresh Broccoli Pineapple Tidbits W.G. Dinner Roll Milk Veg - bean chili	21		22
Shredded BBQ Chicken on a W.G. Bun Baby Carrots Red Apple Sun Chips Milk Veg - cheese sandwich	25	Baked Meatloaf in a Tomato Beef Gravy Potato Pierogi x2 Grape Tomatoes Banana W.G. Dinner Roll Milk Veg - brown rice with beans	26	Cheese Lasagna Rolls with a Meat Sauce Mixed Green Salad with Creamy Italian Dressing Salad Topping Pineapple Tidbits W.G. Bread Stick Milk Veg - pasta in marinara	27	Soft Chicken Taco x2 Lettuce and Cheese Seasoned Black Beans Fresh Broccoli Orange Tortilla Chips with Salsa Milk Veg - bean taco	28	Beef Hot Dogs on a WG Bun Ketchup Pickle Spear Hash Browns Diced Melon Milk Veg - cheese sandwich	29